



RESPONSE TO REQUESTS FOR MEDICAL INFORMATION RELATIVE TO FOOD PRODUCTS

With increasing frequency over the past few years, we at Maschio's Food Services, Inc. ("Maschio's") have received various requests from parents and other interested parties relative to both the ingredients of the food products we prepare and serve, and the medical significance of those food ingredients. Most of these requests for such information have come from interested parents/guardians who are concerned about their child's medical condition and the role that diet and nutrition plays.

We are pleased to assist inquiring parties to the maximum extent that we can, such as providing copies of our menus for the meals we prepare and serve. Please note, however, there are limitations on the responses that we can furnish. Below are several of Maschio's guidelines that may be helpful.

- Maschio's does not independently perform ingredient testing for the products we prepare and serve, nor are we required to by the terms of the agreement between Maschio's and your child's school district.
- Maschio's is happy to provide literature furnished by food manufacturers and/or suppliers we
 work with. To note, this literature is not independently verified and may or may not be
 accurate. Please note that we are unable to affirm the accuracy of that information or even
 suggest or recommend that it be relied upon by parents/guardians, school nurses, and/or
 school district representatives.
- Maschio's representatives are unable to provide medical or nutritional advice regarding the
 food products we prepare and serve. Accordingly, we are unable to provide any opinions or
 conclusions regarding the impact any such food product may have on any existing medical
 condition. Medical opinions or conclusions must be secured from the child's physician or other
 healthcare professional. These services are beyond the scope of the service which we provide
 to your school district.

We at Maschio's Food Services, Inc., remain committed to providing safe and nutritious meals for your child(ren) and we look forward to continuing to serve as a partner to keep your children safe.



- Zero Trans Fat
- All Natural Flavors
- No High Fructose Corn Syrup
- No Peanuts or Tree Nuts
- No Sesame
- Low Sodium
- 2g Fiber
- No Dairy
- No Preservatives
- Kosher
- 🄷 1 oz. Grain Equivalent

Whole Grain (g) 10.34 58% Total Grain (g) 17.98



MJM Maple Waffle Graham

Nutrition Facts

1 servings per container

Serving size

Amount per serving

Calories

Total Fat 3.5g Saturated Fat 0.5g

Trans Fat 0g

Cholesterol 0mg Sodium 115mg

Total Carbohydrate 20g

Includes 6g Added Sugars

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Dietary Fiber 2g

Total Sugars 6g

Protein 1g

Iron 3mg

Vitamin D 0mcg

Calcium 13mg

Potassium 50mg

Riboflavin 0.2mg

Thiamin 0.3mg

Niacin 3mg

Nutritional Statement MJM #408001 **Smart Snack Approved**

(28g)

3%

0%

5%

7%

7%

12%

0%

2%

15%

2%

25%

15%

20%

% Daily Value*

INGREDIENTS: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Contains 2% Or Less Of: Dextrose, Modified Wheat Starch, Sodium Bicarbonate, Salt, Natural Maple Flavor, Monocalcium Phosphate, Natural Vanilla Flavor, Ammonium Bicarbonate, Added Vitamins and Iron (Ascorbic Acid, Vitamin A Palmitate, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin as Carrier).

Contains: Wheat

GTIN Code	Serving Size	Case/Pk	Ti-Hi	Case Dimension	Case Cube	Gross Wt	Net Wt
00683830408005	289/1 07	300/2	8×7HI	19 v 11 v 10	1.3	21 lb	19 lb

Each package of this product meets USDA requirements for a 1 oz. GRAIN

Description of Creditable Grain Ingredient	Grams of Creditable Grain per Portion	Gram Standard of Creditable Grain per oz Equivalent	Creditable Amount	tement for Grains				
Whole Wheat Flour	10.34	16	0.65					
Enriched Flour	7.64	16	0.48					
	Total Credital	ole Grain Amount	1					
Non-Creditable Grains (Not in	cluded in totals abo	ve)	0.25g		T			
Description of Product per Food Buying Guide	Portion Size of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Total Creditable Amount	Exhibit Group Product Belongs to	Total Weight of Product per Portion as Purchased	Contribution of Grain per		
Graham	28g	28g	1	Group B	28g	1 oz. equivalent		

MJM products are produced in a nut-free & peanut-free facility. MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

HUSSC GOLD STANDARD APPROVED

Helen Corey (800) 505-5080 Vice President MJM Marketing