

2024-2025
HEALTHY
MEALS

Empowerment Academy

Breakfast

Student Breakfast	\$0.00	Adult Breakfast	\$3.00
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$4.00	Adult Lunch	\$4.75
Student Entrée Only	\$3.25	Reduced Lunch	\$0.00
Extra Entrée with Lunch	\$3.25		

Beverages

Milk	\$0.75	100% Juice 4 oz.	\$0.75
Bottled Water 8 oz./16 oz.	\$0.75/\$1.25	100% Sparkling Juice	\$2.25
Gatorade	\$1.75		

À La Carte Snacks

Fresh or Chilled Fruit	\$0.75	Scooby Grahams	\$1.00
Vegetable Side	\$0.75	Soft Pretzel	\$1.50
Baked Chips	\$1.25	Fresh Baked Cookie	\$0.65
Muffin	\$1.50	Ice Cream	\$1.50/\$2.00
Yogurt	\$1.25	Rice Krispie Treat	\$1.25
Churro /WG donut	\$1.25	Pop Tart	\$1.25
Cereal Bar/Nutrigrain	\$1.25	Fruit Roll Up	\$1.00



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005
to speak to one of Maschio's
Registered Dietitian Nutritionists.

FOLLOW US:
@MASCHIOFOOD
  

Healthy meals grow
healthy kids!