# **2024-2025** HEALTHY MEALS

## The Greater Egg Harbor Regional High School District

#### **Breakfast**

Student Breakfast	\$0.00	Adult Breakfast	\$2.50
Reduced Breakfast	\$0.00	Coffee	\$1.25

#### **Lunch**

Student Lunch	\$3.75	Adult Lunch	\$5.50
Student Entrée Only	\$3.00	Reduced Lunch	\$0.00
	\$0.00		

### **Beverages**

Milk 1/2 pint	\$0.85	100% Juice 4 oz	\$0.75		
Bottled Water 8 oz. / 16 oz.	\$1.25	Snapple 100% Juice	\$2.00		
Assorted Drinks	\$1.50-2.25	Sparkling Ice	\$2.25		
À La Carte Snacks					
Fresh Fruit	\$0.75	Vegetable Side	\$0.75		
Small Fruit Cup 1/2 c.	\$0.75	Large Vegetable Cup	\$1.50		
Side Salad	\$1.50	Baked Chips	\$1.25		
French Fries 1/2 c.	\$2.00	Fresh Baked Cookie	2/ \$1.00		
Yogurt Parfait	\$3.00	Hot Soft Pretzel	\$1.50		
Ice Cream	\$1.50-\$2.00	Soup with Crackers	\$2.50		
		100% Juice Slushie	\$1.50		





**QUESTIONS OR COMMENTS?** Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists. FOLLOW US: @MASCHIOFOOD Healthy meals grow