

# 2024-2025 HEALTHY MEALS

## John Carroll Catholic High School

### Lunch

<b>Student Lunch</b>	<b>\$8.00</b>	<b>Adult Lunch</b>	<b>\$9.00</b>
<b>Extra Entrée with Lunch</b>	<b>\$6.25</b>	<b>Freshly Prepared Salad</b>	<b>\$6.25</b>

### Beverages

<b>Milk</b>	<b>\$1.00</b>	<b>Arnold Palmer</b>	<b>\$1.50</b>
<b>Bottled Water</b> 16 oz.	<b>\$1.50</b>	<b>Polar Seltzer</b> 12 oz.	<b>\$1.75</b>
<b>Snapple</b> 16 oz.	<b>\$2.25</b>	<b>Gatorade</b> 16 oz.	<b>\$2.00</b>

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	<b>\$1.00</b>	<b>Oreo's (6 Pack)</b>	<b>\$2.00</b>
<b>Vegetable Side</b>	<b>\$1.00</b>	<b>Brownie</b>	<b>\$2.25</b>
<b>Side of Fries</b>	<b>\$2.25</b>	<b>Sour Patch</b>	<b>\$2.50</b>
<b>Yogurt Parfait</b>	<b>\$2.75</b>	<b>Rice Krispy Treat</b>	<b>\$1.50</b>
<b>Assorted Chips</b>	<b>\$2.00</b>	<b>Assorted Chocolate Bars</b>	<b>\$2.50</b>
<b>Jumbo Cookie</b>	<b>\$2.00</b>		



**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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*healthy kids!*