

# 2024-2025 HEALTHY MEALS



## Mainland Regional High School

### Breakfast

<b>Student Breakfast</b>	\$2.75	<b>Adult Breakfast</b>	\$3.15
<b>Reduced Breakfast</b>	\$0.00		

### Lunch

<b>Student Lunch</b>	\$4.25	<b>Adult Lunch</b>	\$4.75
<b>Student Entrée Only</b>	\$3.00	<b>Reduced Lunch</b>	\$0.00

### Beverages

<b>Milk</b>	\$.75	<b>100% Juice 4 oz.</b>	\$.75
<b>Bottled Water 16 oz.</b>	\$1.25	<b>Coffee</b>	\$1.50
<b>Snapple/Flavored Water</b>	\$2.50	<b>Switch Drinks 12 oz.</b>	\$1.75

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$.85	<b>Pop Tart</b>	\$1.25
<b>Vegetable Side</b>	\$1.00	<b>French Fries</b>	\$1.50
<b>Small Side Salad</b>	\$1.50	<b>Fruit Snacks</b>	\$1.00
<b>Savory Soup</b>	\$2.00	<b>Soft Pretzel</b>	\$1.25
<b>Baked Chips</b>	\$1.25	<b>Fresh Baked Cookie</b>	\$1.00
<b>Slushie</b>	\$2.00	<b>Ice Cream</b>	\$2.00
		<b>Rice Krispie Treat</b>	\$1.25



**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*