

# 2024-2025 HEALTHY MEALS

## COPELAND MIDDLE SCHOOL

### Lunch

<b>Student Lunch</b>	\$3.15	<b>Adult Lunch</b>	\$3.80
<b>Student Entrée Only</b>	\$2.70		
<b>Extra Entrée with Lunch</b>	\$2.70		

### Beverages

<b>Milk</b>	\$0.75	<b>100% Juice 4 oz.</b>	\$1.00
<b>Bottled Water</b> 8 oz./16 oz.	\$0.75/1.25	<b>100% Sparkling Juice</b>	\$2.00
<b>Propel</b>	\$2.50		

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.75	<b>Soft Pretzel</b>	\$1.50
<b>Vegetable Side</b>	\$0.75	<b>Fresh Baked Cookie</b>	\$1.00
<b>Side Salad</b>	\$2.00	<b>Ice Cream</b> Small/Large	\$1.50 /\$2.00
<b>Baked Chips</b>	\$1.25	<b>Rice Krispie Treat</b>	\$1.50
<b>Fruit Snacks</b>	\$1.25	<b>Pop Tart</b>	\$1.25



#### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*