

# 2024-2025 HEALTHY MEALS

## Garfield Head Start, School #6 & School #10

### Breakfast

<b>Student Breakfast</b>	\$0.00	<b>Adult Breakfast</b>	\$2.50
<b>Reduced Breakfast</b>	\$0.00		

### Lunch

<b>Student Lunch</b>	\$0.00	<b>Adult Lunch</b>	\$4.25
<b>Student Entrée Only</b>	\$2.30	<b>Adult Sandwich only</b>	\$3.00
<b>Reduced Lunch</b>	\$0.00	<b>Adult Salad only</b>	\$3.00

### Beverages

<b>Milk</b>	\$0.60	<b>100% Juice 4 oz.</b>	\$0.65
<b>Bottled Water 8 oz./16 oz.</b>	\$0.50/\$1.00		

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.75	<b>Fruit Snacks</b>	\$0.65
<b>Fresh Baked Pretzel</b>	\$0.75/\$1.25	<b>Donut</b>	\$1.50
<b>Ice Cream</b>	\$1.00/\$1.75	<b>Fresh Baked Cookie</b>	\$0.65
<b>Graham Crackers</b>	\$0.65	<b>Yogurt 4oz/ 5.3oz</b>	\$0.75/\$1.50
<b>Cereal Bar</b>	\$0.75/\$1.25	<b>Pop-Tart</b>	\$1.00
<b>Muffins</b>	\$1.75	<b>Assorted Baked Chips</b>	\$1.00/\$1.50



**QUESTIONS OR COMMENTS?**  
Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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