

# Rosarian Academy

## HEALTHY MEALS

### 2025-2026

#### Lunch

##### **Student Lunch**

##### **Lower School Kindergarten - 4th Grade**

Includes entrée, 2 sides and small water, milk or juice

\$8.00

##### **Student Lunch**

##### **Middle School 5th Grade - 8th Grade**

Includes entrée, 2 sides and small water, milk or juice

\$9.50

##### **Adult Lunch**

Includes entrée, 2 sides and small water, milk or juice

\$9.50

##### **Extra Entrée with Lunch**

\$6.00

#### Snack Tier 1

##### **Fresh Baked Cookies (2)**

\$1.25

##### **Mott's or Welch's Fruit Snack**

\$1.25

##### **Gold Fish**

\$1.25

##### **Rold Gold Pretzels**

\$1.25

##### **Cheez-its**

\$1.25

##### **Rice Krispies Treats**

\$1.25

##### **GoGurt / Pudding / Apple Sauce**

\$1.25

#### À La Carte Lunch

##### **Grab & Go Salads**

Prepared fresh daily

\$8.50

##### **Salad Scoop**

(Chicken, Egg, Tuna, Seafood)

add **Sub Roll** \$1.00

\$7.50

##### **Panini Sandwich**

Built to order with a selection of cold cuts, cheese and vegetables

\$7.50

##### **Soup of the day (cup)**

\$3.50

#### Snack Tier 2

##### **Hershey's Ice Cream**

\$2.00

##### **Pure Organic Fruit Bar**

\$2.00

##### **Veggie Straws**

\$2.00

##### **Chips**

\$2.00

##### **Cereal Bowl**

\$2.00

##### **Soft Pretzel**

\$2.00

#### À La Carte

##### **Side Fresh Fruit or Vegetable**

\$1.00

##### **Milk / Water 8 oz / Juice 4 oz**

\$1.00

##### **Bottled Water 16 oz**

\$1.50

##### **Sport Top Bottled Water 700mL**

\$2.00

##### **Side Only or Extra Pizza Slice**

\$3.00

##### **Fruit & Yogurt Parfait**

\$5.00



#### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*