

2025-2026 HEALTHY MEALS

St. Helen Catholic School

Lunch

Student Lunch	\$5.50	Adult Lunch	\$5.50
Extra Entrée with Lunch	\$3.50		

Beverages

Milk	\$1.00	100% Juice 4 oz.	\$1.00
Bottled Water 8 oz./16 oz.	\$1.00/1.50	Polar Seltzer 12 oz.	\$1.75
Snapple 16 oz.	\$2.50	Gatorade 12 oz.	\$1.50

À La Carte Snacks

Fresh or Chilled Fruit	\$1.00	Hershey's Ice Cream	\$1.75
Vegetable Side	\$1.00	Cosmic Brownie	\$2.00
Small Side Salad	\$1.25	Assorted Fruit Snacks	\$.75/1.50
Yogurt Parfait	\$2.75	Rice Krispy Treat	\$1.50
Assorted Chips	\$1.75	Uncrustable	\$2.00
Freshly Baked Cookie (2)	\$1.00		



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005
to speak to one of Maschio's
Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!