

# 2025-2026 HEALTHY MEALS

## Berks Catholic High School

### Lunch

<b>Student Lunch</b>	<b>\$6.00</b>	<b>Adult Lunch</b>	<b>\$6.00</b>
<b>Student Entrée Only</b>	<b>\$3.75</b>	<b>Yogurt Parfait</b>	<b>\$4.00</b>
<b>Hot Sandwich</b>	<b>\$3.75</b>	<b>Cold Sandwich/Wrap</b>	<b>\$3.75</b>
<b>Side Salad</b>	<b>\$3.75</b>	<b>Pizza</b>	<b>\$3.75</b>

### Beverages

<b>Gatorade</b>	<b>\$2.25</b>	<b>100% Juice 4 oz.</b>	<b>\$1.00</b>
<b>Bottled Water 8 oz./16 oz.</b>	<b>\$1.25/2.00</b>	<b>100% Sparkling Juice</b>	<b>\$2.25</b>
<b>Snapple</b>	<b>\$2.25</b>	<b>Soda Can</b>	<b>\$2.00</b>

### À La Carte Snacks

<b>Fruit Cup</b>	<b>\$3.75</b>	<b>Fresh Baked Cookie</b>	<b>\$1.75</b>
<b>Vegetable Side</b>	<b>\$2.25</b>	<b>Ice Cream sm/lg</b>	<b>\$1.75/2.25</b>
<b>Cereal Bar</b>	<b>\$1.75</b>	<b>Rice Krispie Treat</b>	<b>\$1.75</b>
<b>Muffin/Breakfast Bar</b>	<b>\$2.00</b>	<b>Pop Tart</b>	<b>\$1.75</b>
<b>Baked Chips S/L</b>	<b>\$1.75/2.25</b>	<b>Uncrustable</b>	<b>\$3.00</b>



#### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*