

2025-2026 HEALTHY MEALS

Mainland Regional High School

Breakfast

Student Breakfast	\$2.75	Adult Breakfast	\$3.15
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$4.25	Adult Lunch	\$4.75
Student Entrée Only	\$3.00	Reduced Lunch	\$0.00

Beverages

Milk	\$.75	100% Juice 4 oz.	\$.75
Bottled Water 16 oz.	\$1.25	Coffee	\$1.50
Snapple/Flavored Water	\$2.50	Switch Drinks 12 oz.	\$2.00

À La Carte Snacks

Fresh or Chilled Fruit	\$.85	Pop Tart	\$1.25
Vegetable Side	\$1.00	French Fries	\$1.50
Small Side Salad	\$1.50	Fruit Snacks	\$1.00
Savory Soup	\$2.00	Soft Pretzel	\$1.50
Baked Chips	\$1.25	Fresh Baked Cookie	\$1.00
Slushie	\$2.50	Ice Cream	\$2.00-\$2.50
		Rice Krispie Treat	\$1.25



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005
to speak to one of Maschio's
Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!