

2025-2026 HEALTHY MEALS

Matawan-Aberdeen Regional Schools-Middle School

Breakfast

Student Breakfast	\$2.30	Adult Breakfast	\$3.00
Reduced Breakfast	0.00	Breakfast Entrée Only	\$1.85

Lunch

Student Lunch	\$3.90	Adult Lunch	\$5.00
Custom Deli/Salad Meal	\$4.00	Extra Entrée with Lunch	\$3.50
Reduced Lunch	\$0.00	Lunch Entrée Only	\$3.50

Beverages

Milk	\$0.85	100% Juice 4 oz.	\$0.85
Bottled Water 8 oz./16 oz.	\$1.00/\$1.50	Sparkling Ice Can or Bottle	\$2.50
Snapple® Can	\$2.00	Gatorade 12 oz	\$2.50
Snapple® Bottle	\$2.75	Gatorade 20 oz	\$3.00

À La Carte Snacks

Fresh or Chilled Fruit	\$0.85	Small Fresh Baked Cookie	\$0.75
Vegetable Side	\$0.85	Large Fresh Baked Cookie	\$1.50
French Fries or Tater Tots	\$2.00	Hot Pretzel	\$1.50
Savory Soup	\$2.75	Ice Cream S/L	\$1.75/\$2.00
Baked Chips S/L	\$1.50/\$2.00	Rice Krispies® Treats	\$1.50
Churro /Whole-Grain Donut	\$1.75	Pop-Tarts®	\$1.25
Gourmet Muffin	\$2.75	Cinnamon Roll	\$2.00



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005
to speak to one of Maschio's
Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!