

# 2025-2026 HEALTHY MEALS

## Middlesex High School

### Breakfast

<b>Student Breakfast</b>	\$1.95	<b>Adult Breakfast</b>	\$2.50
<b>Reduced Breakfast</b>	\$0.00	<b>Adult Coffee Bar</b>	\$0.00

### Lunch

<b>Student Lunch</b>	\$4.00	<b>Adult Lunch</b>	\$4.50
<b>Student Entrée Only</b>	\$3.40	<b>Reduced Lunch</b>	\$0.00
<b>Slice of Pizza</b>	\$2.75		

### Beverages

<b>Milk</b>	\$0.80	<b>100% Juice</b> 4 oz.	\$0.80
<b>Bottled Water</b> 8 oz./16 oz.	\$1.00/\$1.50	<b>Propel</b>	\$2.25
<b>Capri Sun</b>	\$1.25	<b>Sparkling Ice</b>	\$2.25
<b>Coffee / Tea</b>	\$1.00	<b>Gatorade</b>	\$2.25
		<b>Snapple</b>	\$1.75

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$1.00	<b>French Fries</b>	\$1.75
<b>Vegetable Side</b>	\$1.00	<b>Donut</b>	\$1.50
<b>Savory Soup</b>	\$2.50	<b>Soft Jumbo Pretzel</b>	\$1.50
<b>Baked Chips</b>	\$1.50	<b>Fresh Baked Cookie—Small</b>	\$0.50
<b>Muffin 2oz/4oz</b>	\$1.00/\$2.00	<b>Fresh Baked Cookie—Large</b>	\$1.25
<b>Churro</b>	\$1.25	<b>Ice Cream—Small</b>	\$1.75
<b>Rice Krispie Treat</b>	\$1.50	<b>Ice Cream—Large</b>	\$2.75

