

# 2025-2026 HEALTHY MEALS

## Long Valley Middle School

### Lunch

<b>Student Lunch</b>	<b>\$4.00</b>	<b>Adult Lunch</b>	<b>\$4.75</b>
<b>Student Entrée Only</b>	<b>\$3.50</b>	<b>Adult Premium Lunch</b>	<b>\$4.25</b>
<b>Bento /Bagel Meal</b>	<b>\$4.00</b>	<b>Extra Slice</b>	<b>\$3.50</b>

### Beverages

<b>Milk</b>	<b>\$0.85</b>	<b>100% Juice 4 oz.</b>	<b>\$1.25</b>
<b>Bottled Water 8 oz./16 oz.</b>	<b>\$1.25/ \$0.00</b>	<b>100% Sparkling Juice</b>	<b>\$1.50</b>

### À La Carte Snacks

<b>Fresh or Chilled Fruit</b>	<b>\$1.25</b>	<b>Oreo Cookies</b>	<b>\$1.50</b>
<b>Vegetable Side</b>	<b>\$1.25</b>	<b>Soft Pretzel</b>	<b>\$1.25</b>
<b>Yogurt</b>	<b>\$1.50</b>	<b>Fresh Baked Cookie</b>	<b>\$1.00</b>
<b>French Fries</b>	<b>\$1.75</b>	<b>Ice Cream</b>	<b>\$1.75/ \$2.25</b>
<b>Baked Chips S/L</b>	<b>\$1.50/</b>	<b>Rice Krispies® Treats</b>	<b>\$1.50</b>
<b>Churro/Whole-Grain Donut</b>	<b>\$1.50</b>	<b>Pop-Tarts®</b>	<b>\$1.50</b>
<b>Cereal Bar</b>	<b>\$1.50</b>		



#### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005  
to speak to one of Maschio's  
Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*