

2025-2026 HEALTHY MEALS

St. Benedict Preparatory School

Breakfast

Student Breakfast	\$2.75	Adult Breakfast	\$3.25
Reduced Breakfast	\$0.00	Student Entrée Only	\$2.25
Muffin 2oz./4oz.	\$1.00/\$1.75	Cereal Bowl or Bar / Bagel	\$1.00

Lunch

Student Lunch	\$4.25	Adult Lunch	\$4.75
Reduced Lunch	\$0.00	Parfait 12oz. / Hummus	\$3.00
Burgers / Chicken Sandwiches	\$3.00	Pizza Slice	\$2.50
Assorted Salads	\$3.50	Assorted Sandwiches	\$3.00

Beverages

Milk	\$0.75	100% Juice 4 oz./6oz	\$0.50/0.75
Bottled Water 8 oz./16 oz.	\$0.50/1.00	Gatorade / Yoohoo	\$1.50
Snapple 12oz / 16oz	\$1.50/\$2.25	Bai /Sparkling Ice/ Nantucket	\$2.50

À La Carte Snacks

Fresh or Chilled Fruit	\$0.75	Fruit Snacks	\$0.75
Fresh Baked Pretzel	\$0.75/\$1.50	Fresh Baked Cookie	\$0.50/\$0.75
Mini / Regular Ice Cream Sand	\$0.75/\$1.50	Pop-tart / Oreos	\$1.00
Polar Blast Ice Cream	\$1.00	Rice Krispie / Chips Ahoy	\$1.25
Crunch Bars Ice Cream	\$1.25	Funnel Cake / Donuts	\$1.25
Ice Cream Cones	\$1.50	Mini Donuts	\$2.25/\$2.50
Baked Chips	\$1.00/\$1.50		



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005
to speak to one of Maschio's
Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!