



RESPONSE TO REQUESTS FOR MEDICAL INFORMATION RELATIVE TO FOOD PRODUCTS

With increasing frequency over the past few years, we at Maschio's Food Services, Inc. ("Maschio's") have received various requests from parents and other interested parties relative to both the ingredients of the food products we prepare and serve, and the medical significance of those food ingredients. Most of these requests for such information have come from interested parents/guardians who are concerned about their child's medical condition and the role that diet and nutrition plays.

We are pleased to assist inquiring parties to the maximum extent that we can, such as providing copies of our menus for the meals we prepare and serve. Please note, however, there are limitations on the responses that we can furnish. Below are several of Maschio's guidelines that may be helpful.

- Maschio's does not independently perform ingredient testing for the products we prepare and serve, nor are we required to by the terms of the agreement between Maschio's and your child's school district.
- Maschio's is happy to provide literature furnished by food manufacturers and/or suppliers we work with. To note, this literature is not independently verified and may or may not be accurate. Please note that we are unable to affirm the accuracy of that information or even suggest or recommend that it be relied upon by parents/guardians, school nurses, and/or school district representatives.
- Maschio's representatives are unable to provide medical or nutritional advice regarding the food products we prepare and serve. Accordingly, we are unable to provide any opinions or conclusions regarding the impact any such food product may have on any existing medical condition. Medical opinions or conclusions must be secured from the child's physician or other healthcare professional. These services are beyond the scope of the service which we provide to your school district.

We at Maschio's Food Services, Inc., remain committed to providing safe and nutritious meals for your child(ren) and we look forward to continuing to serve as a partner to keep your children safe.

great taste

all natural

gluten free

no preservatives

INGREDIENTS

Chicken breast meat, water, rice starch, sea salt.

Breaded with: Yellow corn flour, rice flour, water, yellow corn meal, rice starch, corn starch, sea salt, dextrose, garlic powder, onion powder, spice, yeast extract, breading set in soybean oil.

NUTRITION FACTS

Nutrition Facts

Serv size 4 nuggets (85g)

Serv Per Cont: 6

Calories 170

Fat cal. 70

*Percent Daily Values (DV) are Based on 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 8g	12%	Total Carb 9g	3%
Sat. Fat 1.5g	8%	Dietary Fiber 1g	4%
Trans Fat 0g		Sugars 0g	
Cholest. 45mg	15%	Protein 15g	
Sodium 350mg	15%		

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

HEATING INSTRUCTIONS

FROM FROZEN

CONVENTIONAL OVEN (PREFERRED METHOD)

1. Preheat oven to 425°F.
2. Place frozen nuggets in a single layer on baking sheet.
3. Place sheet on middle of rack and bake for 11 minutes.
4. Turn nuggets halfway through heating time.

MICROWAVE

1. Place frozen nuggets in a single layer on microwave safe plate.
2. Heat, uncovered, on high: 5 nuggets for 1 1/2 minutes, 10 nuggets for 2 1/2 minutes, 15 nuggets for 3 minutes.
3. Turn nuggets halfway through heating time.
4. Let stand 1-2 minutes before serving.

APPLIANCES VARY. HEATING TIMES APPROXIMATE