



## RESPONSE TO REQUESTS FOR MEDICAL INFORMATION RELATIVE TO FOOD PRODUCTS

With increasing frequency over the past few years, we at Maschio's Food Services, Inc. ("Maschio's") have received various requests from parents and other interested parties relative to both the ingredients of the food products we prepare and serve, and the medical significance of those food ingredients. Most of these requests for such information have come from interested parents/guardians who are concerned about their child's medical condition and the role that diet and nutrition plays.

We are pleased to assist inquiring parties to the maximum extent that we can, such as providing copies of our menus for the meals we prepare and serve. Please note, however, there are limitations on the responses that we can furnish. Below are several of Maschio's guidelines that may be helpful.

- Maschio's does not independently perform ingredient testing for the products we prepare and serve, nor are we required to by the terms of the agreement between Maschio's and your child's school district.
- Maschio's is happy to provide literature furnished by food manufacturers and/or suppliers we work with. To note, this literature is not independently verified and may or may not be accurate. Please note that we are unable to affirm the accuracy of that information or even suggest or recommend that it be relied upon by parents/guardians, school nurses, and/or school district representatives.
- Maschio's representatives are unable to provide medical or nutritional advice regarding the food products we prepare and serve. Accordingly, we are unable to provide any opinions or conclusions regarding the impact any such food product may have on any existing medical condition. Medical opinions or conclusions must be secured from the child's physician or other healthcare professional. These services are beyond the scope of the service which we provide to your school district.

We at Maschio's Food Services, Inc., remain committed to providing safe and nutritious meals for your child(ren) and we look forward to continuing to serve as a partner to keep your children safe.

# Original Waffles

## GLUTEN FREE



Light, crispy waffles— just like you remember them.

Take a bite of our Gluten Free Totally Original waffles and experience everything a waffle should be! Made with whole grain brown rice flour and sweetened with fruit juice, you'll love this hot and toasty morning treat.



SKU INFO

**INGREDIENTS**

NUTRITION

PREPARATION

INGREDIENTS: WATER, GLUTEN FREE BLEND (BROWN RICE FLOUR, TAPIOCA STARCH, RICE FLOUR), EXPPELLER PRESSED CANOLA OIL, CONTAINS 2% OR LESS: FRUIT JUICE CONCENTRATE BLEND (PINEAPPLE, PEACH, PEAR), BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SUNFLOWER LECITHIN, CALCIUM CARBONATE, SEA SALT, GUAR GUM.

NO ALLERGENS PRESENT.

NO INFORMATION PROVIDED FOR: MOLLUSCS

**Disclaimer:** Nutritional information is subject to change. See product label to verify ingredients and allergens.

SKU INFO

INGREDIENTS

**NUTRITION**

PREPARATION

# Nutrition Facts

3 Servings Per Container

**Servings Size**

**2 WAFFLES (84g)**

Calories Per Serving

**Calories**

**180**

| Amount/Serving           | % Daily Value |
|--------------------------|---------------|
| Total Fat 7g             | 9%            |
| Saturated Fat 1g         | 5%            |
| Trans Fat 0g             |               |
| Cholesterol 0mg          | 0%            |
| Sodium 460mg             | 20%           |
| Carbohydrates 28g        | 10%           |
| Dietary Fiber 1g         | 4%            |
| Total Sugars 1g          |               |
| Includes 1g Added Sugars | 1%            |
| Protein 2g               |               |
| Vitamin D 0mcg           | 0%            |
| Calcium 210mg            | 15%           |
| Iron 1mg                 | 6%            |
| Potassium 80mg           | N/A           |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.