

Welcome Back to School!

2026-2027

Empowerment Academy Charter Schools

VIEW YOUR WEBSITE!

[https://maschiofood.com/
empowermentacademy/](https://maschiofood.com/empowermentacademy/)

Did you know your child's school lunch includes a variety of fruits, vegetables, and whole grain-rich foods? Maschio's school lunches have less saturated fat and sodium than other lunches and contain zero trans fat. Our meal portions are designed for your child's age and we offer a wide variety of healthy options like fat-free and low-fat milk. We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day

and beyond!

BREAKFAST BEGINS: 9/3/26

LUNCH BEGINS: 9/3/26

Free Breakfast and Lunch Available Daily

All lunches include grains/breads, meat/meat alternative, fruit/juice/vegetable, and refreshing milk. Students must choose at least 3 items. Make sure 1 is a fruit, 100% fruit juice, or vegetable!

IF YOU HAVE ANY QUESTIONS, CONCERNS OR SUGGESTIONS, PLEASE CONTACT:

Adele Lombard, Food Service Director

You can learn more about Maschio's by visiting www.maschiofood.com. If you would like to contact our corporate office please call (973) 598-0005 or email us at comments@maschiofood.com

IMPORTANT: À LA CARTE SNACKS AND BEVERAGES REQUIRE FUNDS AT THE TIME OF PURCHASE.

We look forward to a *great* year!